

JOY
hair studio



~Celebrating 10 Years of JOY~

40% OFF

Give and Save

This December, bring in a non perishable food item for the Food Bank and we will give you **40% OFF** any product, clothing item or accessory in the salon!
(Does not include hot tools)

We still have Holiday appointments available
Book online [now](#)



*We are pleased to be sponsoring numerous families on The North Shore (in concert with many other North Vancouver Moms in Business) with gift hampers this Holiday season.
Thank You for helping to make this possible.*

*Wishing you all a happy Holiday season!
We will be closed Dec 25, 26 and Jan 1st*

Going to see Taylor Swift? Get concert ready with us! Book a blowdry, style or updo for the big night!

We have SO many amazing gifting options in the salon!

- Hand knit head bands to keep your ears warm!
- Hair product packs (great deals with free gifts inside)
- Hot tools (hair straighteners, blow dryers and hot air round brushes)
- Brushes
- Organic Make Up
- Boho Jewelry
- Winter Clothing
- Hair Scrunchies
- Re-useable Make up remover Cloths
- Silk pillowcases
- Heatless Curlers
- Kid friendly Nail Polish Sets

Hair Towel and Shower Cap Sets
Bath Bombs
Hair Scrunchies and Bows
Candles
Gift Certificates

The Parenting Rulebook I Threw Out—and Why It Worked

By Rino Murata
Certified Trauma-Informed Coach

I thought I was failing my child when I pushed him to tears over homework. I was terrified. Turns out, what I really needed to do was throw the parenting rulebook out the window.

When my son Joey was expelled from school at age 7, I didn't just feel like a failure—I felt completely lost. Joey wasn't keeping up with his peers, and his international school in Tokyo decided he wasn't "fit" to stay. He's autistic, dyslexic, and has a language processing disorder. The school's rigid structure didn't work for him, but I didn't know how to help.

So, I did what I thought good parents did: I pushed.

When the Rules Started Breaking Us

Every evening, I'd sit with Joey and force him to finish his homework, often into tears and way past bedtime. I thought I was helping him, but instead, I was watching him unravel.

Joey stopped sleeping. He started getting headaches, stomach aches, and fevers that seemed to come out of nowhere. His absences piled up, and his smile disappeared.

It wasn't just Joey. My younger kids were struggling, too. Andy developed tics and started avoiding cracks in the pavement. Toby threw up every morning at daycare. The stress in our house was suffocating, and I realized school — and my approach — wasn't working for any of us.

Then one day, sitting in my car, a question hit me like a lightning bolt: "If Joey was gone tomorrow, would I have any regrets?"

The answer was a resounding yes. I'd regret all the nights I pushed him when he was already struggling. I'd regret trying to make him fit a mold that wasn't built for him. That moment changed everything.

How does a baby you hold in your arms — perfect and loved — become a child you think something is wrong with by age 8? It doesn't make sense. Because there's nothing wrong with our kids. What was wrong was the system they were in, and the way I tried to make them fit into it.

From Homeschooling to Unschooling: Taking the Leap

After Joey was expelled, we began homeschooling. It was a relief to step away from the rigid structure of traditional education, but even homeschooling came with its own pressures. I quickly realized I was still trying to control too much.

[Read More Here](#)

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[\(click here\)](#)**

**Be sure to follow us on facebook and IG for last minute deals,
hair tips and tricks, contests, Quay events and more!
[@joyhairstudio](#)**

Cancellation Policy

Just a gentle reminder that we do ask for a minimum of 48 hours notice when cancelling appointments.

We have reserved time especially for you and "no shows" and late cancellations will result in a service charge and/or the loss of the opportunity to book future appointments with us. Thank You in advance for extending this courtesy to your stylist and other clients who may be on a waiting list.
(Some exceptions may apply)



Hair Services

- Haircut Services
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- Hairstyling Services
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- Conditioning & Olaplex Treatments
- Lash & Brow Tinting
- Olaplex Treatments

[BOOK NOW](#)

Our Salon is Beauty Safe and Transfriendly.

JOY Hair Studio

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